

Tus Kab Mob COVID-19 Sib Kis Li Cas Hauv Zej Zog

Tsis yog txhua tus neeg mob COVID-19 yuav hnov mob lossis muaj cov tsos mob. Tab txawm lawv xis nyob lossis tsis nhov mob dab tsis, los lawv yeej tseem kis tau tus kab mob no mus rau lwm tus.

Yog tias ib tus neeg twg uas mob COVID-19 mus koom ib rooj tshoob, lossis tsev pam tuag, lossis lwm lub koob tsheej muaj neeg coob, ces lawv yuav kis tau tus kab mob mus rau cov neeg nyob puab ncig lawv ntawd. Qhov no muaj tseeb thaum tibneeg tsis looj lub npog qhov ncauj, thiab lawv tsis sib cais deb li ntawm 2 dag ntawm lwm tus neeg.

Cov neeg uas kis tus mob ntawm lub koob tsheej yuav koj tau tus kab mob mus kis rau lawv tsev neeg thiab phoojywg tom tsev. Yog tias lawv nyob txawv lav, ces lawv koj tau tus kab mob COVID-19 mus nrog lawv thiab.

Thiab yog tias lawv tagrho mus ua haujlwm, mus kawm ntawv, lossis mus rau lwm qhov chaw uas muaj neeg, ces cov tibneeg uas nyob tej chaw ntawd yuav kis tau thiab.

Qhov pib ua 1 tug neeg mob COVID-19 ces yuav hloov mus rau ntau coob leej mob, tshwj yog tias tibneeg pab koom tes cheem tus kab mob kom tsis txhob nthuav dav mus deb.

Ua tib zoo ua raws li tej kauj ruam tiv thaiv los pab tiv thaiv koj tsev neeg, koj tej phooj ywg, thiab lwm tus neeg uas koj tsis paub.

Tsis txhob mus koom tej koob tsheej muaj neeg coob coob.

Looj lub npog qhov ncauj.

Sib cais deb li 2 dag ntawm lwm tus neeg.

Ntxuav koj txhais tes.

Thiab nyob tsev yog tias koj mob lawm.

Minnesota Department of Health
Communications Office
PO Box 64975
St. Paul, MN 55164-0975
651-201-4989
health.communications@state.mn.us
www.health.state.mn.us

10/20/20 (Hmong)

Yog xav tau cov ntaub ntawv no ua lwm hom, hu rau: 651-201-4989.